

# AGCOX MIDDLE SCHOOL COUNSELING DEPARTMENT NEWSLETTER

Term: Spring || Date: February 2019



## BLACK HISTORY MONTH



Why is it important to continue remembering and celebrating Black history month? Wise men have said if you do not know your history you are sure to repeat it. Black history is a valuable tool for all young people to know the history of American history.

"Black History Month is an annual celebration of achievements by African Americans and a time for recognizing the central role of blacks in U.S. history. The event grew out of "Negro History Week," the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating black history." [www.History.org](http://www.History.org)

8th Grade Social Studies classes are studying The Civil War.

Civil War facts include:

- More than 180,000 African Americans fought in the
  - Civil War for the Union.
- 16 African Americans were awarded the Medal of Honor during the Civil War
- President Abraham Lincoln's authorization for Black Troops in the Emancipation Proclamation made New Bern a focus of national attention.
- New Bern was the recruiting headquarters for more than 5,000 USCT.
- The First North Carolina Colored Volunteers (35th USCT) was the First Regiment of Black Union Soldiers formed in North Carolina and one of the first in the south.
- The 35th USCT was commanded by Col. James Beecher, half brother of famed writer Harriet Beecher Stowe.
- ***Facts Courtesy of Tryon Palace African American Outreach***

## FOR CLUB



Friends of Rachel or better known as Friends of Rachel is a club that meets 2 times per week. Students learn and share friendship skills and build esteem by encouraging and sharing the great things in life. Pay it forward through kindness is one of our major themes and students are successfully smiling in middle school everyday.



## THANK YOU!

" Student Services would like to thank you Parents, S.A.D.D. and Administration for the Parent Night session we had in February on internet safety. As School Counselors, we talk to students about internet safety frequently, especially when there is conflict or problems to solve. We have learned students are very savvy with operating devices but continue to need help maneuvering the social self governing that social media requires."

Demetrise Cobb, School Counselor